

Sample Menu

Menu is subjected to change due to availabilities					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	oatmeal apple milk	hardboiled egg orange milk	waffle pear milk	whole grain cheerios raisins milk	yogurt apple milk
Morning Snack	string cheese water	mango Water	crackers Water	Baby carrots Water	Honeydew Water
Lunch	cucumber meatball rice pear milk	onion grounded pork pasta noodles apple milk	carrot grounded beef rice banana milk	cabbage tofu pasta noodles orange milk	pumpkin diced chicken rice pear milk
Afternoon snack	whole wheat toast pineapple	pancake milk	dumpling pineapple	cucumber milk	string cheese banana