



2201 Vicente Street SF CA 94116  
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littlefootprintspreschool.org  
415-200-8607

## Little Footprints Preschool Daily Schedule – Sun

NOTE: Show and Tell on **Fridays**

|                          |   |
|--------------------------|---|
| 7:30AM – 8:00AM          | Constructive play in (all learning areas open) – in Sky Room                                    |
| 8:00AM – 8:30AM          | Breakfast/Constructive play – in Sky Room   |
| 8:30AM – 9:00AM          | Constructive play/Clean up  |
| <b>9:00AM – 10:00AM</b>  | <b>Outdoor Play:</b><br><b>School Playground (M W)</b><br><b>Parkside playground (T, Th, F)</b> |
| <b>10:00AM – 10:15AM</b> | <b>Snack</b>  |
| <b>10:15AM – 10:35AM</b> | <b>Extracurricular Activities</b><br><b>(M=Kung Fu, W=Dance)</b>                                |
| <b>10:35AM - 10:50AM</b> | <b>Constructive play</b>  |
| <b>10:50AM – 11:25AM</b> | <b>Circle Time (Get ready for lunch)</b>  |
| 11:25AM – 12:00PM        | Lunch and Get Ready for Nap (bathroom and brush teeth)  |
| 12:00PM – 12:05PM        | Story Time  |
| 12:05PM – 3:00PM         | Nap Time  |
| 3:00PM – 3:40PM          | Small Group Activities (science, cooking, arts, games, etc.)                                    |
| 3:40PM – 4:10PM          | Afternoon Snack/Constructive play   |
| 4:10PM - 4:45PM          | Story Time (M W F)  |
| 4:45PM – 5:30PM          | Outdoor play – School Playground  |
| 5:30PM – 6:00PM          | Constructive play (Go to Sky Room at 5:45pm)  |



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## Little Footprints Preschool Daily Schedule – Sky

Show and Tell on **Fridays**.

|                          |  |
|--------------------------|--|
| 7:30AM – 8:00AM          | Constructive play (all learning areas open)  |
| 8:05AM – 8:45AM          | Breakfast/Constructive play  |
| 8:45AM – 9:05AM          | Constructive play  |
| <b>9:05AM – 9:35AM</b>   | <b>Circle time</b>   |
| <b>9:35AM – 9:55AM</b>   | <b>Extracurricular Activities</b><br><b>(M=Kung Fu, W=Dance)</b>   |
| <b>10:15AM-10:30AM</b>   | <b>Optional Snack/Get Ready for Outdoor Play</b>   |
| <b>10:15AM – 11:15AM</b> | <b>Outdoor Play:</b><br><b>School Playground (M W)</b><br><b>Parkside playground (T, Th) *** (F: 9am-10am)</b> |
| 11:15AM – 11:25PM        | Get Ready for Lunch  |
| 11:25PM – 12:00PM        | Lunch and Get Ready for Nap (bathroom and brush teeth)   |
| 12:00PM – 3:00PM         | Nap Time   |
| 3:00PM – 3:20PM          | Story Time   |
| 3:20PM – 4:00PM          | Afternoon Snack/Constructive play  |
| 4:00PM - 4:30PM          | Small Group Activities (science, cooking, arts, games, etc.)   |
| 4:30PM – 4:45PM          | Constructive Play (all learning areas open)  |
| 4:45PM – 5:30PM          | Outdoor play – School Playground   |
| 5:30PM – 6:00PM          | Constructive play  |

## Little Footprints Preschool Daily Schedule - Earth

### Show and Tell on Thursdays

|                    |  |
|--------------------|--|
| 7:30AM – 8:00AM    | Constructive Play (all learning areas open) in Sky Room  |
| 8:00AM – 8:05AM    | Transition to Earth Room   |
| 8:05AM – 8:40AM    | Breakfast/Constructive Play continues  |
| 8:40AM – 9:00AM    | Constructive Play (all learning areas)   |
| 9:00AM - 9:15AM    | Story Time (MW)  |
| 9:15AM – 9:35AM    | Extracurricular Activities<br>(M= Kung Fu, W=Dance)  |
| 9:35AM- 10:00AM    | Small Group/Big Group Time (M: writing, T: social skills, W: freeplay/arts)                        |
| 10:00AM - 10:15AM  | Snack Time/Get Ready for outdoor play  |
| 10:15 AM -11:15 AM | <b>Outdoor Play:</b><br><br><b>School Playground (M W F)</b><br><b>Parkside playground (T, Th)</b> |
| 11:20AM – 12:00PM  | Hand Washing and Lunch   |
| 12:00PM – 3:00PM   | Nap  |
| 3:00PM – 3:15PM    | Constructive Play  |
| 3:15PM – 3:45PM    | Circle Time  |
| 3:45PM - 4:10PM    | Snack/ Get Ready for outdoor play  |
| 4:10PM – 4:40PM    | Outdoor Play   |
| 4:40PM - 4:50PM    | Restroom   |
| 4:50PM – 5:00PM    | Self Reflection: Happy Face Time   |
| 5:00PM - 5:25PM    | Free play  |
| 5:25PM – 5:40PM    | Quiet reading/Play toys at the table   |
| 5:40PM – 5:45PM    | Transition to Sky  |
| 5:45PM -6:00PM     | Constructive Play in Sky   |



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## Little Footprints Preschool Daily Schedule – Moon

Note: Show and Tell on Tuesdays

|                   |  |
|-------------------|--|
| 7:30AM – 8:00AM   | Constructive Play in Sky Room (all learning areas open)  |
| 8:00AM – 8:05AM   | Transition to Moon Room  |
| 8:05AM – 8:40AM   | Breakfast/constructive play  |
| 8:40AM – 9:00AM   | Constructive Play  |
| 9:00AM – 9:55AM   | <b>Outdoor Play:</b><br><br><b>School Playground (M, W, F)</b><br><b>Parkside playground (T, Th)</b> |
| 9:55AM- 10:10AM   | Extracurricular Activities (Friday – constructive play)<br><br>(M=Kung Fu, W= Dance)                 |
| 10:10AM – 10:50AM | Constructive Play (all learning areas open)  |
| 10:50AM – 11:10AM | Circle Time  |
| 11:10AM – 11:15AM | Hand Washing/Bathroom  |
| 11:15AM – 12:00PM | Lunch  |
| 12:00PM – 12:30PM | Quiet Reading  |
| 12:30PM – 3:00PM  | Nap  |
| 3:00PM – 3:25PM   | Small Group Activities (science, cooking, arts, games, etc.)   |
| 3:25PM – 4:05PM   | Outdoor Play (School Playground)   |
| 4:05PM – 4:20PM   | Snack  |
| 4:20PM – 4:40PM   | Story Time   |
| 4:40PM - 5:40PM   | Constructive Play Time   |
| 5:40PM – 5:45PM   | Transition to Sky  |
| 5:45PM – 6:00PM   | Constructive Play Continues  |

## Little Footprints Preschool Daily Schedule – Star

Note: Show and Tell on Tuesdays

|                   |   |
|-------------------|---|
| 7:30AM – 8:00AM   | Constructive Play (all learning areas open)   |
| 8:00AM - 8:05AM   | Transition from Sky room to Star room   |
| 8:05AM – 8:50AM   | Breakfast and constructive play   |
| 8:50AM – 9:00AM   | Get ready for Extracurricular Activities  |
| 9:00AM - 9:15AM   | Extracurricular Activities<br>(M=Kung Fu, W= Dance)   |
| 9:15AM – 9:30AM   | Get ready to go outside (sunblock and bathroom)   |
| 9:30AM-10:30AM    | <b>Outdoor Play:</b><br><b>Neighborhood Walk &amp; School Playground (Mondays)</b><br><b>School Playground (T, Th, F)</b><br><b>Parkside playground (W)</b> |
| 10:30AM- 11:00AM  | Constructive Play (all learning areas open)/bathroom/water  |
| 11:00AM – 11:15AM | Circle Time   |
| 11:15AM - 11:25AM | Get Ready for Lunch   |
| 11:25AM – 11:45AM | Lunch   |
| 11:45PM – 12:00PM | Quiet reading   |
| 12:00PM – 2:45PM  | Nap   |
| 2:45PM – 3:15PM   | Clean Up/Diaper Changing  |
| 3:15PM – 3:35PM   | MF: Story Time; T: Show and Tell; WTH: Arts/cooking/science   |
| 3:35PM – 4:00PM   | Afternoon Snack / Sunscreen   |
| 4:00PM – 4:45PM   | Outdoor Play –School Playground   |
| 4:45PM - 5:45 PM  | Constructive Play   |
| 5:45PM – 6:00PM   | Transition to Sky and Constructive Play continues   |